**Goliath Must Fall**

**Session # 1Summary**

**September 19, 2021**

The first session of “Goliath Must Fall” re-introduced us to the story of David and Goliath, and made three important impressions upon us :

* Our giants, though dead (i.e., have been defeated by Christ at the cross), can still be deadly, much like the head of a dead snake can still inject poison if stepped on.
* In this story, David doesn’t represent us ; rather, he represents Jesus. It’s Jesus’ power and all-sufficiency that will defeat the giants in our lives. This idea is contrary to how most of us grew up understanding the story of David and Goliath. Most of us thought *we* had to be David.
* We need our giants defeated, not only because they rob us of joy and an abundant life with Christ, but because as long as they are present in our lives God’s glory is less visible in our lives.

Louie Giglio talked about five giants – fear ; addiction ; anger ; rejection (or the need for approval) ; and comfort. Our group related well to these five giants, although there seemed to be an underlying feeling that there may be more giants than just these five.

We spent time discussing, specifically, what it means to lean into the all-sufficiency of Christ in the battle against our giant. Here are some things that were suggested and discussed :

* Prayer. Something as simple as being aware of our fight, and then bringing it regularly to the Lord in prayer, is an important starting point. We may be overlooking something as simple as this.
* Thanksgiving. Giving thanks to the Lord for the victories we do experience helps keep us leaning in with the Lord, and keeps us aware of the battle we face.
* People. Asking people around us for help in our battle can be a part of leaning into the all-sufficiency of Christ. God has put people in our life to help in the battle. Leaning into Christ can include leaning into Christ’s people.
* Patience instead of pride. Learning to practice patience in the battle is a quality of the person who is leaning into Christ’s all-sufficiency. The taunt from Goliath lasted forty days and nights. We must accept that the Lord will expect patience in the journey toward victory.